

DISCLAIMER

Heartfulness Institute (“HI”) makes its relaxation, meditation and spirituality programs and other events offered, sponsored or endorsed by HI (“the “Services”) available at no charge to all seekers, including individuals who may be dealing with personal health issues. HI’S AGREEMENT TO PROVIDE ITS SERVICES TO YOU IS EXPRESSLY AND UNCONDITIONALLY SUBJECT TO THE TERMS SET FORTH IN THIS DISCLAIMER.

NOT MEDICAL ADVICE

THE SERVICES PROVIDED BY HI ARE NOT A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE, DIAGNOSIS OR TREATMENT. ALL INFORMATION PROVIDED BY HI IS FOR INFORMATIONAL PURPOSES ONLY, AND YOU HEREBY ASSUME ALL OF THE RISK IN PARTICIPATING IN ANY OF HI’S SERVICES, INCLUDING BY WAY OF EXAMPLE AND NOT LIMITATION, ANY RISKS THAT MAY ARISE FROM HI’S NEGLIGENCE OR CARELESSNESS. HI STRONGLY ADVISES THAT YOU SEEK THE ADVICE OF YOUR PHYSICIAN OR OTHER QUALIFIED HEALTH PROVIDER WITH ANY QUESTIONS YOU MAY HAVE REGARDING A MEDICAL CONDITION. NEVER DISREGARD PROFESSIONAL MEDICAL ADVICE OR DELAY IN SEEKING IT BECAUSE OF INFORMATION RECEIVED FROM HI.

IF YOU THINK YOU MAY HAVE A MEDICAL EMERGENCY, CALL YOUR DOCTOR, GO TO YOUR LOCAL EMERGENCY ROOM, OR CALL THE LOCAL EMERGENCY PHONE NUMBER SUPPORTED BY GOVERNMENTAL AUTHORITIES (EXAMPLE 911 IN THE UNISTED STATE) IMMEDIATELY.

WAIVER AND RELEASE OF CLAIMS

ON BEHALF OF YOUR EXECUTORS, ADMINISTRATORS, HEIRS, NEXT OF KIN, SUCCESSORS, AND ASSIGNS, YOU HEREBY:

(A) WAIVE, RELEASE, AND DISCHARGE from any and all liability for your death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to you, THE FOLLOWING ENTITIES OR PERSONS: HI, its direct and indirect owners, and each of its and their directors, officers, employees, volunteers, representatives, and agents; and

(B) INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned above from any and all liabilities or claims made as a result of participation in any of HI’s Services.

THIS DISCLAIMER SHALL BE CONSTRUED BROADLY TO PROVIDE A RELEASE AND WAIVER TO THE MAXIMUM EXTENT PERMISSIBLE UNDER APPLICABLE LAW.

I have read this disclaimer and understand its content.

Date:

Signature:

Name: