10th May 2025, Kanha Shantivanam

Dear Friends,

Pranams.

This morning after I woke up, the following thoughts kept repeating and hence this letter. We are immensely blessed. We walk a path that is not only time-tested but also lovingly guarded by the Hierarchy of Masters—beings who have taken birth upon this Earth solely to guide humanity's inner journey. Their presence is not merely historical, but vibrantly alive in the silent transmission that touches our hearts every day.

This system, so graciously given, is among the most effective spiritual methods known to mankind. Its structure is simple, yet profound. Its practices are precise, yet gentle. And through them, we have already received so much—sometimes even without rigorous effort on our part. Still, we have been lifted, comforted, and transformed.

But imagine, just imagine, what awaits us if we respond in kind—if we meet this divine offering with our own sincerity, regularity, and heartfelt devotion. What heights could we reach if we became truly systematic in our practice—daily, consciously, joyfully?

Let us pause and reflect: How can we honor this gift? How can we shape our lives around what truly matters?

Let us resolve—not with pressure, but with love—to walk this path more fully. To prioritize our practice. To support each other. And to make of our lives a living gratitude.

It is a call from the heart to the heart—yet quietly, it is also the sacred demand that this path makes upon us, for the fulfilment of soul's own longing.

With love and respects.

Kameesh Gals.

Kamlesh